



## **Does the thought of having company overwhelm you?**

Let's find some ways to simplify and de-stress simple hospitality.

1. Stock your freezer with meats that are on deep discount each week.
2. Learn to use your Crock Pot for delicious recipes  
(<http://crockpot.betterrecipes.com>, or [www.momof9space.com/crockpot.html](http://www.momof9space.com/crockpot.html) both have great recipes!)
3. Shredded beef or chicken go a long way for sandwiches or tacos.
4. Don't spend a lot on a fancy dessert! Walmart sells fudge brownies mixes for \$0.94
5. It's okay to use paper plates & plastic silverware if you're having a large group
6. If the guests call to "see what we can bring", let them bring drinks or a dessert
7. The best advice I could give would be plan ahead and if you are having Sunday guests, do the all the work ahead on Saturday that you possibly can. This will allow you to focus on getting yourself and your family ready in the morning and eliminate the added pressure of preparing a good meal.
8. Invest in some nice room perfume spray like cinnamon apple or orange spice. Have candles throughout your home, at the table and in the restrooms. Your guests will arrive with a warm and homey welcome.
9. Relax and enjoy your guests.
10. Your children will sense if you are stressed and overwhelmed. Include them in the preparations—teach them how to be a "little hostess", even let them wear their own little apron.
11. Don't be busy the whole time. Sit down, look at your guests and talk to them. Get to know them in the comfort of a loving home!

**You are teaching your children a valuable lesson by your willingness to cheerfully "use hospitality". You are introducing them to new people every time you open your home. You are touching other's lives.**

*Ladies, let's not lose this art. It is our responsibility to pass it to the next generation!*

