

Refrigerator Items

Cheese

American cheese slices
Cottage Cheese (1 cup)
Feta Cheese
Shredded Cheese (Cheddar, Mozzarella, Parmesan, Mexican Blend; \$1.25 for a 2 cup bag on sale at the grocery store)
String Cheese
Velveeta Cheese (store brand unless it is on sale)

Condiments

Barbecue sauce (Buy with coupons at the store that doubles coupons up to \$1)
Dill pickle spears
Fruit Preserves (100% fruit)
Hot sauce
Lemon Juice
Lime Juice
Mayonnaise
Salad Dressing (4/\$1.00 at the discount grocer)
Salad peppers or relish
Soy sauce/tamari
Teriyaki sauce
Yellow mustard

Dairy

Butter
Buttermilk
Cream Cheese
Eggs
Milk
Plain Yogurt
Sour cream

Meat

Bacon or bacon bits
Deli Meat (various kinds for sandwiches)
Pepperoni

Miscellaneous

Crescent Roll Dough (for last minute meals with a crust)
Whole Wheat Tortillas
Yeast

Produce

Carrots
Garlic cloves
Green Bell Peppers (1-2 depending on the season)
Lettuce leaves
Mushrooms
Onions (a bag)
Salad Mix (lg. box organic mixed greens from Costco for \$3.99)